

EXECUTIVE SUMMARY
5172 Neponset Ave., Orlando FL 32808
Submitted by Attain Inc. to
CITY OF ORLANDO

ORGANIZATIONAL BACKGROUND

Attain mission is to improve the lives of people with intellectual disabilities. Attain's specific goals are to ensure its clients:

- 1) Have high quality affordable housing;
- 2) are safe and healthy;
- 3) Receive dignified care;
- 4) Enjoy life;
- 5) are independent as possible;
- 6) Participate in the daily routines of life, and
- 7) Overcome problem behavior.

Individuals with developmental disabilities (DD) served in one of Attain's residential homes enjoy a quality of life applicable to their optimum capabilities and physical health. With the assistance of Attain Inc.'s services of and in coordination with the Agency for Persons with Disabilities (APD) and other local and state services, the individuals are integrated into the community with a structured and supervised daily program.

For over 25 years, Attain, Inc. (Attain) has been providing permanent residential housing, residential support services, behavior analysis services, and adult day training services for people with intellectual disabilities, autism and similar developmental disabilities. Attain received its 501(c)(3) designation in 1988 with a mission to build relationships and enhance the lives of individuals with developmental disabilities.

Attain has 125 full-time employees and 30 part-time employees. More specifically, Attain, Inc. employs 7 Behavior Analysts; 3 Directors; 10 Manager; and an experienced administrative support team. The Executive Director, Dr. Craig Cook, is responsible for the day-to-day operations of the organization and reports directly to the Board of Directors. Dr. Cook has over 25 years of management experience and experience working with adults with developmental disabilities. The Board of Directors is committed to ensuring the organization's mission and goals are achieved.

Attain, Inc. offers staff who are well supervised and trained in the areas of Resident Rights, Behavior Analysis, Professional Crisis Management, CPR, First Aid, Medication Administration, person centered planning and much more. Every member of the Attain, Inc. staff undergoes a criminal history background check and driving record check. Our staff are dedicated, committed to providing quality services and eager to help meet the needs of the individuals we serve.

Rehabilitation Project: Addition of Two Bedrooms and One Bath

The proposed development of two additional bedrooms and one bath to the existing two-story residential home (owned and operated by Attain Inc) at **5172 Neponset Ave. Orlando, Florida** – will allow each of the six female residents with developmental disabilities (DD), now living in the home, to each have their own bedroom. Attain Inc. acquired and rehabilitated the 1,774 square foot single family home in 2010 with a grant from the City of Orlando Neighborhood Stabilization Program. An additional 300 feet of living space will be added to the home.

The total cost of the rehabilitation of the home located at 5172 Neponset Ave. Orlando, FL and the amount being requested from the City of Orlando is \$63,147. The development project will include the addition of two new bedrooms and one bath that will be added to the first floor of the home. The residents now living at 5172 Neponset Avenue are female individuals ranging in age from 17 to 21 and who have been diagnosed with developmental disabilities. The new bedrooms will be offered to two of the females with DD who have recently been struggling with stairs due to gait problems in their ambulation.

Each of the new bedrooms will be decorated and furnished to create a homelike environment. Furnishings will be safe, attractive, easy to maintain, and selected for their suitability to the age and development of the residents in care. Attain, Inc. Each bedroom is intended to be occupied by one individual with DD and will have a privacy door and easy access to the new bathroom. Attain will provide custom solid-wood platform storage beds and each individual will have a closet and chest of drawers for clothing and personal items.

Attain's approach to rehabilitation and/or adding bedrooms to an existing residential home goes beyond the standard renovations for the average resident who would rent or purchase a home and beyond the minimum requirements, that promote accessible, adaptable, and universal design. Attain Inc. is committed to renovating and maintaining the home in a manner that will enhance the home's value, conform to neighborhood standards and meet the needs and preferences of the residents.

The following is a list of minimum required renovations, as established by Attain Inc., carried out for each of its community residential homes. The following design features will be included in this project for the development for two additional bedrooms and one bath at 5172 Neponset Ave, Orlando, FL.

Fire and Safety Systems Upgraded and/or Installed:

The new section added to the home with two bedrooms and one bath will include smoke detectors, strobe alert lighting, and audible alarms – all integrated with the main Fire and Safety Systems - and according to applicable code for a community residential home. The sprinkler system will be in accordance to applicable fire code for a community residential home.

Flooring:

The bedrooms and bathrooms will have installed wall-to-wall ceramic tile for durability and to reduce cooling costs. Ceramic tile minimizes the wear and tear and protects the value of the home when occupied by adults/children with DD.

Walls:

The contractor will install 4-foot high (PVC) paneling to the lower section of the interior walls of the new addition to the home including the two bedrooms and common areas, such as, hallways. The top edge of the paneling will be accented with wood molding as a design feature. The PVC panels and trim enhance the interior home decor, increases durability and reduce ongoing maintenance. Paint type on walls is generally semi-gloss and gloss on the trim and doors.

Exterior Perimeter 6-foot Privacy Fencing:

This design feature is consistent with all of the properties owned, leased and operated by Attain and is already in place at the home on 5712 Neponsit Ave.

Bathrooms:

The new bathroom will be added to the first floor of the property and will have non-slip surfaces in showers and/or tubs and will also include toilet paper holders, and disposable paper towels, mirrors at a height for convenient use and a place for storage of toiletries. Bathroom will include a vanity with a sink and cabinet. Plexiglas mirrors are installed in lieu of glass mirrors for the residents' safety. This bathroom will serve the two females living in the two new bedrooms, each having their own bedroom. And due to recent developments that hinder their gate and mobility, the bathroom on the first floor will increase accessibility in accordance with ADA requirements.

With the addition of the two bedrooms, each of the six residents will have their own bedroom. Offering each resident their own room increases opportunities for their privacy and dignified care by staff or self-care. A resident with their own room has additional opportunities to improved quality of their life affording them personal choice for décor, and personal affects that make a statement for who they are. The individual bedrooms may increase stability by giving each person private space for leisure, recreation, and private time. Many of the individuals with DD supported by Attain, Inc. have difficulty effectively communicating, and at times exhibit poor coping and social skills. Sharing a bedroom with another individual can impair the individual's adjustment and interfere with the use of effective coping skills. Providing a resident an opportunity to have their own personal bedroom space gives the individual more of an opportunity to use the appropriate coping skills and social skills they are being taught.

The residents in the home are supervised 24 hours a day, 7 days a week by members of Attain's Interdisciplinary Team. This specific home on Neponset Avenue is licensed as community residential homes (as defined by Chapter 419) through the Agency for Persons with Disabilities in accordance to Chapter 393 and Florida Administrative Rule 65G. Residents receive Residential Habilitation Services; functional assessments and an individualized behavior support plan; Adult Day Training focusing on prevocational skills, life skills training and social skills training; and community-based instruction; and recreational activities.

Attain Inc.'s residential services for individuals with developmental disabilities supports their participation in daily, meaningful, valued social and community routines. Attain Inc.'s residential programs stress training in the activities of daily living, self-advocacy, and adaptive and social skills that are age and culturally appropriate. The purpose of the program is to achieve the outcomes (goals) defined by each resident and their individual needs as identified in the Intake Assessment.